

# When your child has diarrhea or vomiting

## When to call the Provider

*Call your child's doctor if any of the following occur:*

- Stomach pain becomes severe or is more than occasional cramps.
- The diarrhea become bloody (more than a streak of blood).
- The diarrhea becomes more frequent or more severe.
- The child becomes dehydrated (see signs of dehydration below).

## Signs of dehydration

- The soft spot on top of your infant's head (fontanelle) is sunken.
- Your child has not urinated (passed water) for six hours.
- Your child sheds no tears when he cries.
- Your child's mouth is dry or sticky to the touch.
- Your child's eyes are sunken, and the skin around the eyes is dark.
- Your child is less active than usual or is difficult to wake up.

## CAUTION!

**Do not use stool "binders" or anti-diarrhea medicines for children under 6 years of age unless your child's doctor specifically directs you to do so. These medicines can be very dangerous if they are not used properly.**